



LEGO CLUB FOR KIDS

LEGO®-Based Therapy is a collaborative, play based social skills intervention for children with autism and related conditions (social anxiety & social communication).

LEGO® Therapy is a naturalistic, play-based social skills program that uses LEGO® as its main activity. Collaborative play provides opportunities for children to practise skills such as turn-taking, listening, sharing ideas, communication, compromise, problem solving and shared attention. This approach to intervention has shown statistically significant improvements in children's language development, verbal and non-verbal communication, for children with conversational skills problems and those with High Functioning Autism Spectrum Disorders. In small groups of 3 children, facilitated by a psychologist, children are encouraged to build together within set roles. Each child plays the role of an 'engineer', a 'supplier' or a 'builder' and together they follow pictorial instructions to build a model.

- Each child learns a clear set of rules and LEGO® building skills.
- Everyone in the group agrees upon a project which is achievable for everyone involved – projects are usually certain structures or buildings to create.
- Each child is assigned a role for the project. The roles are rotated throughout therapy and are as follows:
 - 1) Architect – holds the building instructions and is responsible for letting the others know which bricks are required (supplier) and how to put them together (builder).
 - 2) Supplier – holds the LEGO® bricks necessary to assemble the LEGO® model and is responsible for supplying the builder with the correct pieces and at the correct time.
 - 3) Builder – is responsible for taking the individual pieces from the supplier, and putting the pieces together, according to the instructions given by the architect, to create the model.
- Groups run on a weekly schedule per school term.

To sign up, fill out an Expression of Interest Form located on our web page.